

Kiss and Tell Bombshell

714-970-4912

Nano Brows, Lip Blushing & BB-Glow Disclosure and Before & After Procedure Protocol

Permanent makeup is a type of tattoo. A needle inserts colored ink into your skin to look like eyeliner, lip liner, lipstick, eyebrows, or other makeup.

There are a variety of pigments and diluents being used in tattooing and permanent makeup. More than 50 different pigments and shades are in use, and the list continues to grow. Although a number of color additives are approved for use in cosmetics, none are FDA approved for injection into the skin.

HEALTH RISKS

Permanent makeup tattoos can cause adverse effects, and some can be irreversible.

Some risks include:

- Infections
- Allergic reactions
- Granulomas
- Keloid formation
- Increased chance of sunburn, redness, or scarring
- Swelling and burning
- MRI complications
- Removal problems

CONTRAINDICATIONS

- Pregnancy or breast-feeding in the first few months
- Heart disorders
- Herpes - Cold sores
- Autoimmune diseases
- Type I diabetic

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- Cancer
- Epilepsy
- Allergies
- Keloid and hypertrophic scarring
- Taking blood thinning medication
- Taking photo-sensitizing drugs

NANO BROWS HEALING

Nano brows and Lip blushing are tattoos, so expect some minor redness and swelling for a day or two post-application as your skin heals. We recommend keeping the area clean by regularly blotting the area with a damp paper towel or a sterile water wipe, and then gently patting dry.

Nano Brows

As the pain and tenderness go away, your brows will darken and thicken. They'll still look very bold. By day 5, your brows will begin to scab. They will be flaky and extremely itchy. This is normal and means your skin is healing. You can expect more scabbing, flaking, and peeling. Over all it may take up to 14 days to completely heal

BEFORE NANO BROWS PERMANENT MAKEUP PROTOCOL

- Refrain from Drinking – It's important to keep alcohol consumption to a minimum. Do not drink for 2 days prior to your appointment. Also, refrain from having coffee before your session. These substances thin the blood and will cause you to bleed excessively as well as compromise the outcome of the work.
- Check Restricted Meds Lists – Blood-thinning medications like ibuprofen and other pain relief meds will also create a situation where you are bleeding excessively and will not allow your appointment to continue successfully. Be sure to check the list of restricted meds well before your appointment.

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- No Tanning – You should stay away from tanning beds or spending too much time in the sun as extreme exposure can create a layer of dead skin that affects the outcome of your brow tattoo and could even lead to irritation.
- Be Careful with Face Creams – Anything with a Retin A or another AHA skin care product can have an effect on the final outcome of your brows. The lightning, tightening and other agents should be avoided.
- Skip Your Workout – Don't work out or sweat too heavily. You don't want to do anything that opens up the pores and causes the pigments to bleed or not take properly.
- Get Relaxed – You'll be lying down really still for some time. Dress comfortably and be prepared to relax while your artist works on your brows.
- Leave your Brows Alone – Don't wax, tweeze or thread your eyebrows before your microblading appointment. It's easier for the artist to work off of your natural growth and shape and there will be less skin irritation or other issues as they tattoo.
- Check Your Health – Any illness, from a bad cold to a blood condition, diabetes, and even pregnancy are to be discussed with the microblading artist prior to booking. You will not be able to secure your appointment with these conditions so be honest upfront.
- Understand the Procedure – Take some time to learn about the process you will be going through to get your incredible brow outcome and learn what to expect in the journey. Things like how long your brows heal all depend on whether your skin is oily or dry and how quickly your scabs may fall.
- Set a Realistic Goal – It's important to work with your artist on a realistic outcome for your brows. Taking into account how you desire them to look, what's realistic for your skin type and hair color and whatever other recommendations your artist gives you are all important to get nailed out from before you even lay down to begin the procedure.

AFTER NANO BROWS PERMANENT MAKEUP PROTOCOL

- Do not pick or rub your brows too hard while they are healing
- Avoid sweating and wetting the area in the first 7-10 days is not recommended. You want to give your skin time to heal and accept the new pigment that's been added.

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- Sunscreen will be your best friend. Not only will it protect your skin from dangerous UV rays but it will also keep your brows from fading so they maintain their original outcome.
- You should avoid scrubbing your eyebrow area too heavily including using harsh abrasives or exfoliants that can irritate or cause layers of the skin to be damaged where the pigment has been placed.

LIP BLUSHING HEALING

Lip blushing typically takes about 10 days to heal. You will experience swelling and redness. Your lips may swell up like a balloon or you may experience mild swelling, this usually depends on how your body reacts to the trauma.

After 24 hours Swelling continues and you may experience minor bruising. Also, your lips will keep oozing and you will need to wipe this away. Your lips may appear asymmetric but don't worry! When the swelling subsides, your lips will look symmetric.

BEFORE LIP BLUSHING PROTOCOL

- You can rime your lips 24 hours before your treatment, including a lip scrub and moisturizing balm into your daily skincare routine. Pigment applied to smoother, soft lips will maintain a more vibrant and even appearance. Plus you will heal better and faster.
- Avoid drinking alcohol for at least 48 hours before your appointment.
- Show up for your appointment with clean lips.

AFTER LIP BLUSHING PROTOCOL

Lip Blush post-care is very important to the appearance and longevity of your new lips. Please read the following aftercare instructions carefully:

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Immediately following the procedure, lips will feel dry, chapped, tight and tender to the touch. They may appear swollen and bright in color.

- For 4 hours after treatment, apply light pressure on lips with a clean paper towel, to remove any lymph. After 4 hours, start applying ointment (Aquaphor) as needed to keep lips constantly moist
- No kissing, rubbing or friction on treatment area
- Day 1-3 Apply ointment on lips several times a day. Keep lips moist at all times. Avoid oily, spicy and heavily seasoned food and drink with a straw. After every meal gently rinse and clean lips with water and pat dry, then re-apply ointment.
- DAY 4-7 Between these days, lips will begin and end the process of peeling, and color will lighten by 30%-50%.
- Do not pick or rub your lips and let the peeling happen naturally. Continue keeping your lips moist!
- WEEK 2 Lips are done peeling, color is light. You may return to normal routines. Lips will continue to heal, up to 6 weeks. Every week more color will surface, it is important to continue keeping lips moist to get the best color at the end of the healing phase.
- WEEK 6-8 Your lips are healed and you're feeling unstoppable!!! Just add some lip gloss and go! In most cases it requires two treatments to complete the lip transformation.

The following must be avoided during all 14 days *post treatment*:

- Increased sweating
- Practicing sports
- Swimming
- Hot sauna, hot bath, or Jacuzzi
- Sun tanning or salon tanning
- Exposure to UV/UVA Rays or chemicals as they have been known to cause a shift in color and premature fading
- Any laser or chemical treatments or peelings, and/or any creams containing Retin-A or Glycolic acid on the treatment area

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- Touching of the treatment area except for when applying the post-care ointment with a cotton swab
- Picking, peeling, or scratching of the treatment area in order to avoid scarring of the area or removal of the pigment
- Performing tasks related to heavy household cleaning such as garage or basement cleaning where there is a lot of airborne debris
- Drinking alcohol in excess, as it may lead to slow healing of wounds
- Driving in open air vehicles such as convertibles, boats, bicycles, or motorcycles
- Drinking alcohol in excess, as it may lead to slow healing of wounds

BEFORE BB-GLOW TREATMENT PROTOCOL

The micro needling BB glow doesn't require any complicated preparation, but here's what you should do:

- Discontinue use of Retinol, Retin A, or Vitamin A for 5 days before the treatment
- If you take any acne or blood-thinning medication, consult your doctor and see if it's possible to discontinue use for some time before the treatment.
- Do a patch test.

AFTER BB-GLOW TREATMENT PROTOCOL

- After the BB Glow treatment in a 1-2 days splash face with water and put on a serum. 3-7 days can gently wash your face and use lotion.
- In the first 1-2 days the scabs will form. 3-7 days they start falling off on their own. Do not pick the scabs off.

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- Avoid tanning for 2 weeks after the treatment. Makeup can be used right after but for best results, its recommended letting the skin breath for 24 hours without any cosmetics.
- Apply moisturizers with Vitamin C and E or hyaluronic acid-based creams. Wear an SPF skincare at least 15+. Exfoliate your skin. Combining an exfoliating regimen with microneedling routine.
- In the first 1-2 days the scabs will form. 3-7 days they start falling off on their own. Do not pick the scabs off
- Avoid tanning for 2 weeks after the treatment. Makeup can be used right after but for best results, it's recommended letting the skin breath for 24 hours without any cosmetics.